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Recommendations from the Workshop on the Workplace Strategy on Diabetes and Wellness

Warsaw, Poland

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General Discussion:

- Need for information on diabetes
- Screening difficulties need to be resolved
- Encourage an active employer role
- Training on diabetes should be directed to health professionals in the workplace
- Better solutions need to be found for stigma in the workplace
- Legal regulations regarding authorized diabetes treatments need to be revised

What needs to happen?

- Clearly identify all the players who should be involved in the workplace
- Clearly identify all the players who should support the workplace effort
- Detailed guidance is needed on the recommended activities
- Information is needed on the costs and financing of pilot projects
- Review Polish standards and regulations
- Provide for an evaluation of the effectiveness of any pilot project or implementation

What can you do?

- All sources of possible funding should be explored (government, employers' organizations, employees' organizations, health centres, etc)
- Determine the human resource capacity
- Develop better metrics for the study of diabetes
- Raise general awareness

What is still missing?

- Additional support needs to be mobilized through representative groups in the workplace
- Sharing of knowledge and experience
- Build on existing strengths, both collectively and individually